

Superman is from Cleveland

Coach Michael of the First Tee of Cleveland Is still at home. I'm just puttering around the house still practicing social distancing with my longest driver. I really miss being outside with my First Tee player classes and I am looking forward to being out on the golf course at Washington Park soon.



When I was a kid, I was a fan of Marvel and DC comic books. In my mind, Superman is from Cleveland; Batman is from Chicago; Spiderman is from Detroit The Flash is from New York and the Joker is a Pittsburg Steeler fan [LOL].

Looking back, I identified with the qualities of the characters portrayed and their challenges. Today, I can see that the qualities of the characters align very much with 9 core values of the First Tee

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|-------------------|--------------------|------------------|
| 1. Honesty; | 4. Respect; | 7. Perseverance; |
| 2. Integrity; | 5. Confidence; | 8. Courtesy; |
| 3. Sportsmanship; | 6. Responsibility; | 9. Judgment. |

ACTIVITY

My thoughts are: Mom/Dad, it time to dig out those old comic books and share them with the kids. You can reminisce and point out the art work, artistry of a comic book. Turn off the screens; lay a rug down with a pillow; stretch out and engage the creativity of the mind (great rainy day activity.: Let's share our favorite comic with our families and see how many of the First Tee Core Values together we can identify in our favorite characters. **Then sit down and watch your kids favorite superhero movie or episode and see how many of the First Tee Core Values together you/they can identify in their favorite characters.** Make a competition as to who can identify all nine first. Winner gets a slice of pizza or an extra hour of screen time, etc.

Here's a handy scorecard:

Michael R Lisman is a Licensed Social Worker (LSW) and retired community development bank executive – father of 3 and grandfather of 5. As an personal finance educator, he has been teaching financial empowerment workshops to individuals and families since the 1980s . He is not a financial planner and encourages people to engage a professional when they feel they have a need for one.

Check box	Value	Episode	Character	Action*
	Honesty			
	Integrity			
	Sportsmanship			
	Respect			
	Confidence			
	Responsibility			
	Perseverance			
	Courtesy			
	Judgment			

*What Did the Character Do that demonstrated this value

What were his/he challenge(s)?

Who (living or dead) do you know has the same or like quality? (Can you name a time when they faced a like challenge and/or took a like action (i.e. told the truth when it would have been easier not to) rose to the occasion?)

Until we can get together and again enjoy each other’s fellowship: Live Long and prosper.

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